



NHS

End of Life Care
Programme

Gold Standard Framework in Care Homes

19/03/2008

GSF

the gold standards
framework

Background to GSF

- Developed by GP Dr Keri Thomas in 2001
- NICE Palliative & Supportive Care Guidance 2004
- Part of NHS End of Life Care Programme 2004
- Adapted for Care Homes 2005

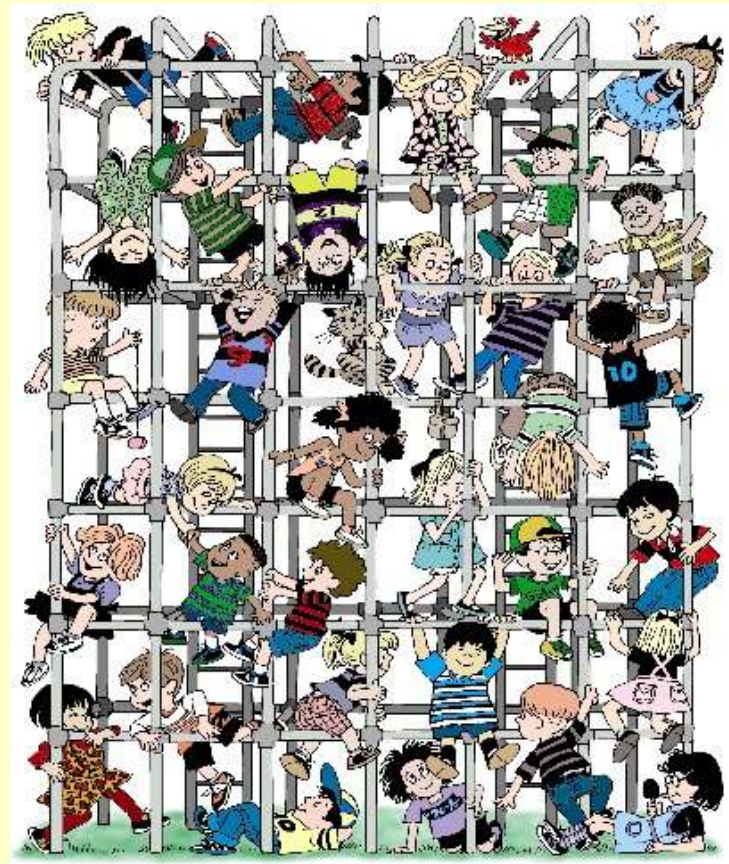
Gold Standards Framework in Care Homes Programme

- To improve end of life care
- To improve primary care collaboration
- To reduce numbers transferred to hospital
- To produce guide for others



Aim of the Framework

is to develop a Care Home based system to improve the organisation and quality of care of residents in the last year of life



The Key Tasks or 7 Cs

- Communication
- Co-ordination
- Control of symptoms
- Continuity out of hours
- Continued learning
- Carer support
- Care of the dying

Communication

- Identification of residents in last year of life set up Supportive Care Register
- Regular Review Meetings
 - Multi-disciplinary approach
 - To anticipate needs
 - To plan
- Advanced Care Planning

Co-ordination

- Identified GSF coordinator
- Maintaining supportive care register / review of residents
- Liaison with primary care teams & specialists

Control of Symptoms

- Assessment tools for Symptom Control, local guidelines for palliative care
- Regular review of care Plan /Dying Plan
- Appropriate use of specialist palliative care

Continuity

- Use of Out of hours handover form
- Closer working with specialist palliative care services
- Use of a Home Information pack for residents and families

Continued Learning

- Review meetings
- Significant Event Analysis
- Team identifying own learning needs
- Use of Macmillan Foundations in Palliative Care for Care Home Staff

Carer Support

- Introduce at a Relatives Meeting
- Information and home packs
- Bereavement or After Death Plan

Care of the Dying

- Anticipatory care
- Minimum Protocol for Care in the Final Days
- Liverpool Care Pathway

What difference has it made?

- Opened up discussions on death and dying
- Given nurses & carers confidence to keep residents in the home
- Reduced number of admissions to hospital in last days of life

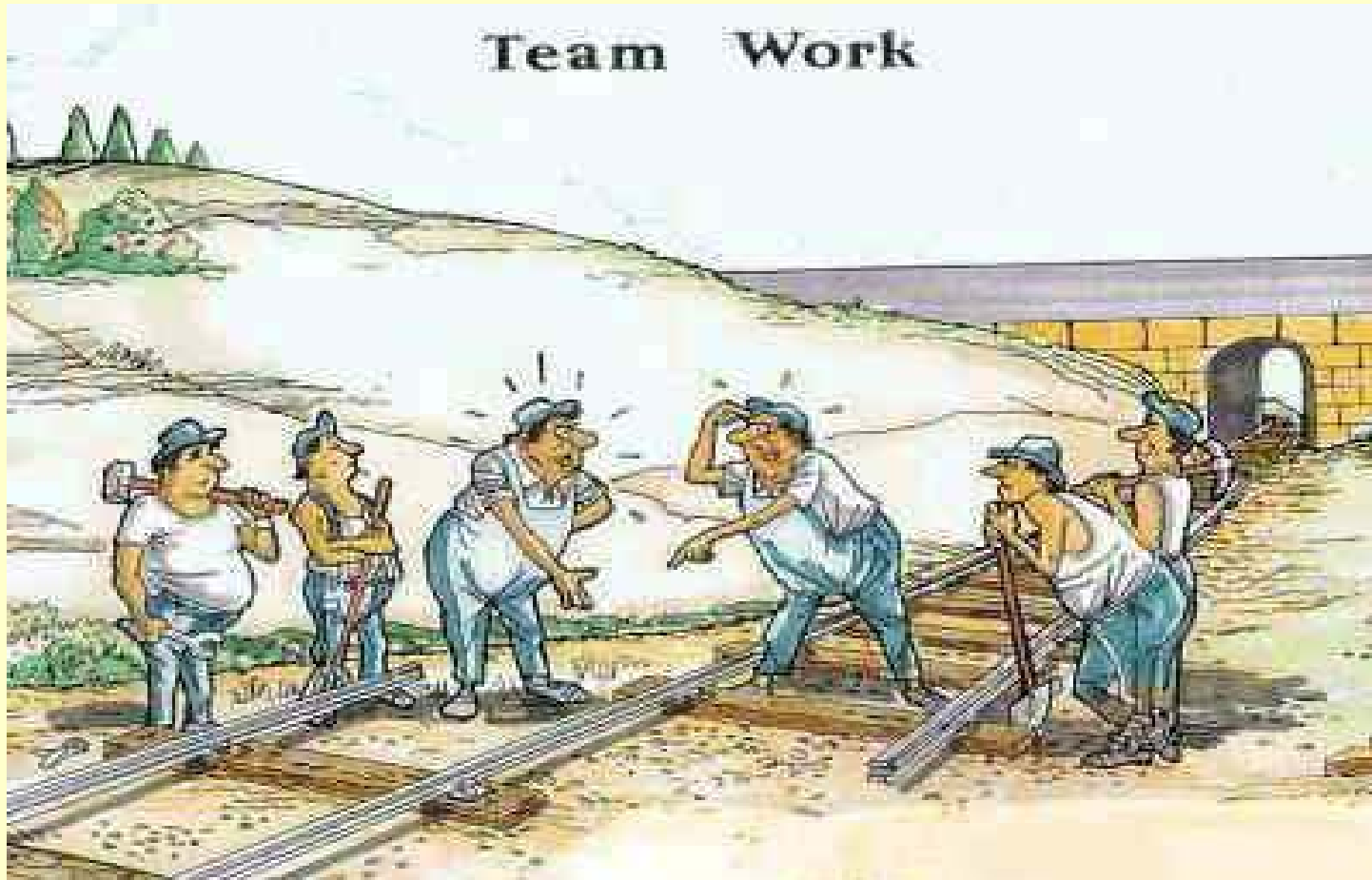
South East London

- BROMLEY 6 Care Homes
- BEXLEY None
- GREENWICH 4 Care Homes

Future of GSF

- Phase 5??
- Accreditation Process
- End of Life Care Strategy

Communication



19/03/2008

GSF

GSF is planning ahead...



19/03/2008

GSF

Avoidance of Crisis



19/03/2008

GSF

The Gold Standard

***“The care of
ALL
dying patients
is raised to the
level of the
best.”***

(NHS Cancer Plan 2000)

The Future

Most importantly residents and carers will receive the care and support that they deserve in the last year of life



© Michele Angelo Petrone

www.goldstandardsframework.nhs.uk

19/03/2008

GSF

